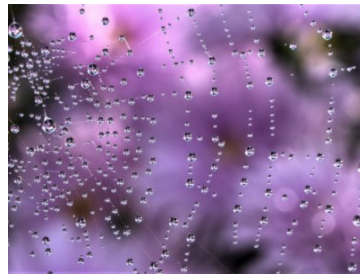


# Sunday Services

Monthly Theme: A Return to Wholeness



**October 6**  
*God As Me*  
 Rev Greg Dorst  
 Prayer Chaplain: Michelle Gillette  
 Soloist: Christy Mauro Cohen  
 Hospitality: A,B,C

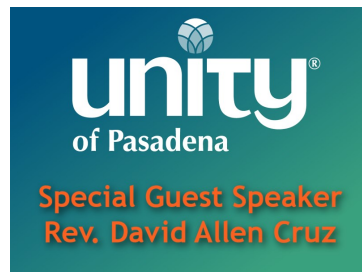


**October 13**  
*Understanding and Perspective*  
 Rev Greg Dorst  
 Prayer Chaplain: LuAnn Stevens  
 Soloist: Alison Lewis  
 Hospitality: D-J



**October 20**  
*Choices and Decisions*  
 Rev Greg Dorst  
 Prayer Chaplain: Paul Smith  
 Soloist: Cesar Cardona  
 Hospitality: K-R

**October 27**  
 TBA  
 Rev. David Allen Cruz  
 Prayer Chaplain: Anita Sgambati  
 Soloist: Felice Hernandez  
 Hospitality: S-Z



## Ongoing Classes & Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																								
<p><b>Sunday Celebration Service 10:30 am</b> (Live and streaming)</p> <p><b>1st Sunday: Tea Time With Your Prayer Chaplains 12:00 pm</b></p>			<p><b>Narcotics Anonymous 5:30-6:30 pm</b></p>	<p><b>3rd Thurs: Board Meeting 10:00 am</b></p> <p><b>5:45-6:45 pm Centering Prayer &amp; Meditation</b></p>	<p><b>Financial Update</b> August 2024</p> <p><b>Regular Income</b></p> <table border="1"> <tr><td>Tithe/Offerings</td><td>\$</td><td>6,228.50</td></tr> <tr><td>Events/Classes</td><td>\$</td><td>0.00</td></tr> <tr><td>Rental Income</td><td>\$</td><td>2,741.60</td></tr> <tr><td>Special Gifts + Other</td><td>\$</td><td>380.56</td></tr> <tr><td><b>Total Revenue</b></td><td><b>\$</b></td><td><b>9,350.66</b></td></tr> <tr><td><b>Regular Expenses</b></td><td><b>\$</b></td><td><b>8,318.50</b></td></tr> <tr><td><b>Unusual Expense</b></td><td><b>\$</b></td><td><b>27,366.50</b></td></tr> <tr><td><b>NET REVENUE</b></td><td><b>\$</b></td><td><b>-26,334.34</b></td></tr> </table>		Tithe/Offerings	\$	6,228.50	Events/Classes	\$	0.00	Rental Income	\$	2,741.60	Special Gifts + Other	\$	380.56	<b>Total Revenue</b>	<b>\$</b>	<b>9,350.66</b>	<b>Regular Expenses</b>	<b>\$</b>	<b>8,318.50</b>	<b>Unusual Expense</b>	<b>\$</b>	<b>27,366.50</b>	<b>NET REVENUE</b>	<b>\$</b>	<b>-26,334.34</b>
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<p>For detailed event information:  <a href="http://www.UnityofPasadena.org/calendar">www.UnityofPasadena.org/calendar</a></p>																														

### This Month



### A Re-Engagement with Self-Compassion

**October 12th 10:00 am-12:00 pm**  
**\$20 suggested love offering**

Rev Greg will lead this workshop that picks up where “Healing Self-Condensation” left off, and is open to anyone who is interested. The experience will include a mix of refresher material and new ideas for further awakening. The goal is to re-engage and then decide what we want “it” to be in the future. There is great power in connection, particularly when we are honest and vulnerable. These sessions will always be confidential. If you didn’t attend the summer class but would like to attend this workshop, please see Rev Greg or ask Gay in the office to provide you with materials from the “Healing Self-Condensation” class.

### For Prayer

- ◆ Prayer request forms in the foyer or pew backs
- ◆ Submit a prayer request through our website
- ◆ Silent Unity: 800.669.7729
- ◆ Call our prayer line: 626.577.4209

### Reminders

### Centering Prayer



### Centering Prayer & Meditation

**Thursdays 5:45-6:45**

Come join us for a centering time of sacred meditation in the silence. We have a short time of community sharing and a contemplative reading followed by a 30 minute group meditation.

Did you know that you can make contributions, sign up for classes, and watch videos of Sunday Services on our website?

[www.UnityofPasadena.org](http://www.UnityofPasadena.org)

Our service is streamed live on **YouTube** and on **Facebook**. Recordings can be viewed there and on our website.

### We Are On Social Media!

Follow us on Facebook and Instagram for Unity articles, inspiring quotes, and short clips from our services. Spread the word!

# Unity of Pasadena

10:30 Sunday Service

*Prelude*

Opening Congregational Song

Welcome and Opening Prayer: Rev Greg

Three Minute Question

Meditation Song

Daily Word

Meditation

Special Music

Truth Talk

Community Giving

Offertory Song

Celebration of Community

Prayer for Protection

Closing Song

## Senior Minister

Rev Greg Dorst

## Staff

Ministry Support: Gay Freebern

admin@unityofpasadena.org

Lead Musician: Mitch Kaplan

Lead Prayer Chaplains: Michelle Gillette, Jackie Dorst  
and Helen Dersjant

## Board of Trustees

Barbara Sakuma

William Marino

Georgette Brownlee

Amanda Villaseñor

Paul Smith

## Prayer Chaplains

Michelle Gillette Jackie Dorst

Helen Dersjant Colleen Caamaño

Clifta Gillette Paul Smith

Anita Sgambati LuAnn Stevens

William Marino Amanda Villaseñor

Trish Bryant (Emer) Donna Gannon (Emer)

## Fall Office Hours:

Mon 10:30am to 2:30 pm

Tues 9am to 1pm

Weds 10am to 2pm

Thurs 9am to 1pm

3053 E. Del Mar Blvd  
Pasadena, Ca 91107  
Office 626.577.4207  
Prayer Line 626.577.4209  
[www.unityofpasadena.org](http://www.unityofpasadena.org)



*A positive path for spiritual living*



# October 2024

## CORE VALUES

Creating Community ~ Living Love ~  
Teaching Truth ~ Serving Spirit

## VISION

Envisioning a world powerfully transformed  
through the growing movement of shared  
spiritual awakening

## MISSION

Transforming lives by living and sharing our  
Inner truth of Divine wisdom, compassion and  
Love using practical spiritual principles.